

**AUDREY SIMMONS, LMHC**

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**CLIENT RIGHTS**

Our mission is to offer accessible, affordable, and effective counseling and consultation services to people in need of personal and professional services.

Treatment is based upon several founding principles;

- Respect for each client and his or her dignity.
- A holistic approach that considers the physical, spiritual, emotional and intellectual needs of each client.
- Compassionate care and benevolent intervention as necessary.
- Individualized treatment plans

It is my endeavor to create a relationship and experiences through which clients may reclaim their innate serenity, lost or forgotten due to trauma or lack of skills and/or information.

As a client of Audrey Simmons Counseling, LLC, Audrey Simmons, LMHC, you are guaranteed certain rights, as follows:

1. *Right to Individual Dignity.* The individual dignity of each client shall be respected at all times.
2. *Right to Treatment.*
  - A. Every effort shall be made to use the least restrictive<sup>3</sup> and appropriate treatment available, based upon individual needs.
  - B. Each client shall be afforded the opportunity to participate in activities designed to enhance self-esteem.
  - C. An individualized treatment plan shall be developed for each client.
3. *Right to Quality Treatment.* Each client shall receive treatment best suited to his or her needs and shall include recommendation concerning medical, vocational, social, educational and rehabilitative interventions.
4. *Right to Grieve.* Each client shall have a right to express misgivings, in the event he or she is not comfortable with a particular counselor or actions of the center.
5. *Right to Contact the Department of CFS.* Clients may direct concerns other than abuse to the Mental Health Program Office of the Department of Children and Families at 407-423-6258.
6. *Right to Report Abuse.* The Florida State Abuse Registry (1-800-96-ABUSE) should be contacted in order to report abuse neglect or exploitation to the Department of HRS.
7. *Right to Confidentiality.* Each client is protected by federal and state confidentiality laws which will be explained to you as part of orientation.

**Client Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_